



Breakfast (9am – 11am only)

Fruit salad & Yogurt OR Muesli & Yogurt 30

Fruit salad, muesli & yogurt 35

Classic 40

2 eggs, bacon, mushrooms, grilled tomato, brown/white toast

Bro brekkie 45

2 poached eggs, spinach, feta, caramelised onions, house dressing, sourdough

Breakfast sarmie 45

ciabatta, 2 scrambled eggs, rocket, pecorino, bacon **or** avocado

The Omelet 55

parma ham, avocado, feta, rocket

Omelet Personal 15

| tomatoes, egg 8 | mozzarella, pecorino, rocket, mushrooms, feta 12 | bacon, artichokes, gypsy ham, avocado 16 |

| prosciutto crudo, salame, chorizo 22 |

Toasted sandwiches

Available on White / Brown / Whole wheat (Banting R2)

Cheese & Tomato 22

Gypsy Ham & Cheese 24

Gypsy Ham, Cheese & Tomato 26

Chicken Mayo 26

Chips 18

SPEAK TO MANAGEMENT ABOUT HOSTING A PRIVATE EVENT!

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Starters

Tempura battered chilli poppers

Bottega bacon 20

bacon cream cheese,
sweet green chilli sauce

Bottega lentil (V) 20

lentils, feta, cream cheese,
paprika hummus

Trio & chips 65

bacon/lentil poppers x 3, dip & chip

Grilled Melanzane (V) 55

(please allow 20 minute wait, at least)

aubergine, basil & garlic pomodoro, mozzarella, rocket, tomatoes

Stuffed half pepper (V) 75

cream cheese & kale stuffed pepper, pine nuts, balsamico, artichoke, cherry tomato & basil salad

Salmon croquettes 85

Japanese mayo, capers, spring onions, avocado salsa

Meat 100

Parma ham, salame, chorizo, biltong, spiced pecan nuts, hummus on ciabatta

Carpaccio 110

venison carpaccio, citrus salad, parmesan, ciabatta

Piadina

Piadina formaggio 40 (V)

pecorino and sliced tomatoes

Piadina classica 45

gypsy ham and pecorino

Piadina crudo 50

pecorino and Parma ham

extra: Piadina plain, tomatoes 11 | pecorino, rocket, avocado 14 | gypsy ham, prosciutto crudo, salame 22 |

PLAN YOUR DAY:

***Monday: MAIN 9am – 5pm | PIZZA 10am – 5pm**

*** Tuesday –Friday: MAIN & PIZZA 11am – 9pm**

***Saturday: MAIN & PIZZA 8am – 3pm**

**times may change without prior notice due to unforeseen circumstances / functions / holidays*

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Salads (Starter / Main)

La Bottega (V) 40/65

| ADD AVO 14 | ADD CHICKEN 16 |

artichokes, caramelized red onions, celery, pumpkin seeds, mixed leaves, chive dressing

Chicken & Egg 40/65

herb marinated & chilled chicken, feta, boiled egg, fresh red peppers, caramelized onion, mixed leaves, grapefruit vinaigrette

Caesar (V) 40/65

| ANCHOVIES 12 | BOILED EGG 12 | AVOCADO 14 | CHICKEN 16 | CRISPY BACON 16 |

Cos leaves, garlic croutons, parmesan, Caesar dressing (contains anchovies)

Avocado, Bacon & Blue cheese 40/70

crispy bacon bits, fresh avocado, blue cheese, spring onions, salad leaves, rocket, simple dressing

Pollo 45/75

spicy chicken, sundried tomatoes, parmigiano, roasted pine nuts, salad leaves, chive vinaigrette

Chicken & corn salad 50/80

| ADD AVO 14 |

chilled chicken, smoked paprika sweet corn, mango, rocket, red onion, basil, goat's cheese, balsamic reduction

Have it your way:

| salad leaves, herbs, cucumber, tomato, celery, carrot, orange, spring onion, dressings 8 |

| boiled egg, caramelized onions, feta, rocket, fresh red onion 12 |

| avocado, pumpkin seeds, mango, caramelized red onion 14 |

| chicken, crispy bacon, blue cheese, sundried tomatoes 16 |

| Parma ham, parmigiano, artichokes, roasted pine nuts 22 |

SAVE SOME ROOM FOR CAKE!

ASK YOUR WAITER WHAT'S THE FLAVOR..

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Pizza (Small / Large)

Banting R20 extra

Garlic & Herb (V) 30 / 45

garlic, herb salt, extra virgin olive oil

Margherita (V) 50 / 60

tomato, mozzarella & oreganum

La Bottega 85 / 105

tomato, mozzarella, oreganum, Parma ham, rosa tomatoes, rocket & shaved pecorino | (V) avocado instead of Parma ham

Meat Me 95 / 110

tomato, mozzarella, oreganum, pulled pork, bacon, chorizo, La Bottega BBQ sauce, red onions, peppadews, basil

Greca (V) 65 / 75

tomato, mozzarella, oreganum, olives, mushrooms, feta

Greca & Chorizo 75 / 85

tomato, mozzarella, oreganum, olives, mushrooms, chorizo, feta

Smoked Chicken 85 / 105

tomato, mozzarella, oreganum, zucchini, smoked chicken, sundried tomatoes, rocket, parmigiano

Prosciutto e Funghi 60 / 75

tomato, mozzarella, oreganum, ham, mushroom

Pulled Pork 85 / 100

tomato, mozzarella, oreganum, slow roasted pork belly, La Bottega BBQ sauce, jalapeños, avocado, rocket

FABulous 75 / 90

tomato, mozzarella, oreganum, feta, avocado, bacon

Ham, Fig & Blue Cheese 75 / 90

tomato, mozzarella, oreganum, Parma ham, preserved fig, blue cheese | (V) swap ham for avocado **or** peppers

Vegetariana (V) 70 / 85

tomato, mozzarella, oreganum, marinated artichokes, mushrooms, black olives, grilled aubergines, roasted peppers

pizza extras: tomatoes, jalapeño 11 | mushrooms, anchovies, pineapple, feta 12 | peppadews, pecorino, rocket, avocado 14 |

| chicken 16 | bacon, artichokes, gypsy ham, Parma ham, salame, chorizo 22 |

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Wraps

Banting R15 extra

Chicken 60

orange chicken, olives, brie, avocado, salad leaves

Pork 60

crispy pulled pork, fresh carrot, crème fraiche, ginger tomato jam, salad leaves

Black bean (V) 55

kale pesto, black beans, sundried tomato, rocket, salad leaves

Burgers includes chips or salad

Banting bun R5 extra

Basic Burger (Beef/Chicken breast/Chickpea) 65

fresh tomato slices, salad leaves, sweet chilli mayonnaise, sesame seed bun **or** grilled sweet potato 'bun'

Classic Burger (Beef/Chicken breast/Chickpea) 90

fresh tomato slices, salad leaves, pecorino, mayonnaise, bacon **or** avocado, sesame seed bun **or** grilled sweet potato 'bun'

Create-A-Burger (Beef/Chicken breast/Chickpea) 115

choose 3 | fresh tomato slices | salad leaves | pecorino | peppadews | fresh onions | rocket |

choose 2 | bacon | avocado | chorizo | onion rings | salame | camembert |

choose 1 | mayonnaise | mushroom sauce | green peppercorn sauce | BBQ sauce | blue cheese sauce | mushroom biltong sauce |

sesame seed bun **or** grilled sweet potato 'bun'

chips **or** salad

extras: | mushrooms, tomato, onions, pak choi, feta 12 | pecorino, rocket, avocado, cucumber, peppadews 14 | chips, onion rings 18 |

| bacon, Parma ham, salame, chorizo, camembert 22 | beef burger, chickpea burger, grilled breast 30 |

WE WANT YOU TO TRY NEW THINGS!

KEEP AN EYE ON THE CHALKBOARDS!!

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FRESHLY SQUEEZED JUICE

La Bottega R40

apple, carrot, pear, pineapple

The Kick R40

basil, cucumber, ginger, pear, pineapple

Beetroot R40

beetroot, orange, apple

Kale R40

kale, apple, pear, cucumber, celery, lime

Carrot R40

carrot, ginger, pineapple

SMOOTHIES

*yogurt can be omitted, substituted with syrup & ice (ice baby)

*Berry Banana R50

yogurt, raspberry, banana, honey

GingerPine R50

pineapple, ginger, ice (ice baby)

Oats so Berry R50

yogurt, rolled oats, raspberry, blueberry

Eat Me R50

yogurt, apple, pineapple, banana, muesli

*Very Berry R50

yogurt, raspberry, blackberry, strawberry, redcurrant, blackcurrant, lemon, mint

THICK SHAKES

Banana Nutella R50

vanilla ice cream, bananas, nutella, whipped cream

Dark Chocolate Mint R50

vanilla ice cream, dark choc, fresh mint, chocolate sauce

Strawberry Shortcake R50

vanilla ice cream, strawberries, whipped cream, crushed shortbread biscuit

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CHILL

<u>Newlands Spring Drafts</u>	<u>375ml</u>	<u>500ml</u>
Jacob's Pale Ale	40	50
Mountain Weiss	40	50
Passionate Blonde (like there's any other kind)	40	50
3 drafts tasting tray		45
<u>SAB Bottles</u>		
Lion Lager		20
Black label		25
Castle Lite		28
Stella Artois Becks Blue Carvers Weiss Pilsner Urquell		38
Corona		45
<u>Woodstock Breweries bottles</u>	<u>440ml</u>	50
Californicator (American IPA) Happy Pills (German Pilsner)		
Hazy Daze (Belgian Witbier) Pot Belge (Belgium Amber Ale)		
Rhythm Stick (English Pale Ale)		
<u>Local Craft Beer</u>		
Striped Horse 330ml		40
<u>Ciders</u>		
Flying Fish Lemon		30
Savannah Dry		30
Fiery Dragon Ginger or Apple		45
BUY THE KITCHEN A ROUND?		50

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WINES

white | white blend | blush | bubbly

	<u>glass</u>	<u>bottle</u>
<u>Sauvignon Blanc</u>		
Sutherland Thelema	45	165
Diemersdal	50	195
Cordor	60	210
<u>Chardonnay</u>		
Sutherland Thelema	65	200
Cordor	65	210
<u>Chenin Blanc</u>		
Waterford Pecan Stream	50	190
<u>Rose</u>		
Sutherland	50	190
<u>White Blends</u>		
Buitenverwagting Buiten Blanc		140
Pierre Jourdan Tranquille	45	165
Haute Cabriere Chardonnay Pinot Noir		220
<u>MCC</u>		
Miss Molly		240
Graham Beck Brut		290

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MORE WINES

red | red blend

	glass	bottle
<u>Pinot Noir</u>		
Corder		270
<u>Merlot</u>		
Guardian Peak	50	190
Chip Off The Old Block	50	200
<u>Cabernet Sauvignon</u>		
Fat Bastard	50	190
<u>Syrah</u>		
Corder		240
<u>Shiraz</u>		
Fat Bastard		200
<u>Pinotage</u>		
Beyerskloof	45	170
Diemersfontein		200
<u>Red Blends</u>		
Thelema Mountain Red	50	190

Ask your waiter for spirits/liqueurs



COFFEE MOCKTAILS

Chai Latte (chilled / hot) R30

chai tea, milk, cinnamon, ice if chilled

Vietnamese Ice Coffee R40

espresso, milk, condensed milk, whipped cream

Banana Oats Coffee Smoothie R45

banana, oats, espresso, honey, yogurt, soy or almond milk

Mint Mocha R45

mint, espresso, ice cream, ice, whipped cream, chocolate sauce, chocolate shavings

JUICES

Cranberry R20 | Orange R20

Sir Fruit Juice 350ml R25

| mandarin | mango | pomegranate | strawberry |

SOFT DRINKS

330ml

appletiser | coke | coke zero | fanta orange | grapetiser | stoney

Bos Ice Tea 275ml

apple | berry | lemon | lime & ginger | peach

200ml

coke | coke light | dry lemon | gingerale | lemonade | soda | tomato cocktail | tonic

Water

500ml still | 500ml sparkling | 1l still | 1l sparkling

Rock Shandy R30

lemonade, soda water, angustura bitters

Super Mary R35

tomato cocktail, beetroot juice, salt, black pepper, tabasco, Worcestershire sauce, celery

Red Bull 250ml R35

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WARM UP

SPICE UP YOUR COFFEE WITH CINNAMON STIRRERS

Espresso	15.00
Double espresso	19.00
Macchiato	20.00
Cappuccino	25.00
Cappuccino Large T/A only	28.00
Caffelatte	25.00
Cioccoccino	28.00
Cioccoccino Large T/A only	32.00
Americano	18.00
Americano Large	20.00
Rooibos Cappuccino	25.00
Rooibos Cappuccino Large	28.00
Rooibos Latte	25.00
Rooibos Latte Large T/A only	28.00
Tea - Rooibos / Ceylon	20.00
Hot Chocolate	25.00

FEEL GOOD

Iced coffee blended / latte style (espresso, ice, milk)	30.00
Ice coffee Milkshake (espresso, ice cream, milk)	35.00
Hot Choc with whipped cream, marshmallows, choc shavings	45.00

EXTRAS

Decaffeinated coffee	4.00
Soy Milk	6.00
Almond Milk	12.00

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