



**Breakfast (9am – 11am only)**

**Fruit salad & Yogurt OR Muesli & Yogurt 30**

**Fruit salad, muesli & yogurt 35**

**Classic 40**

2 eggs, bacon, mushrooms, grilled tomato, brown/white toast

**Bro brekkie 50**

2 poached eggs, spinach, feta, spring onions, house dressing, sourdough

**Breakfast sarmie 50**

ciabatta, 2 scrambled eggs, rocket, pecorino, bacon **or** avocado

**The Omelet 60**

parma ham, avocado, feta, rocket

**Omelet Personal 15**

| tomatoes, egg 8 | mozzarella, pecorino, rocket, mushrooms, feta 12 | bacon, artichokes, gypsy ham, avocado 16 |

| prosciutto crudo, salame, chorizo 22 |

**Toasted sandwiches**

Available on White / Brown / Whole wheat (Banting R2)

**Cheese & Tomato 24**

**Gypsy Ham & Cheese 26**

**Gypsy Ham, Cheese & Tomato 28**

**Chicken Mayo 28**

**Chips 18**

***CAN'T DECIDE?***

***HOW ABOUT SOME SOUP?***

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## Starters

### Tempura battered chilli poppers

#### **Bottega bacon 20**

bacon cream cheese,  
sweet green chilli sauce

#### **Bottega lentil (V) 20**

lentils, feta, cream cheese,  
paprika hummus

#### **Trio & chips 65**

bacon/lentil poppers x 3, dip & chip

#### **Grilled Melanzane (V) 55**

(please allow 20 minute wait, at least)

aubergine, basil & garlic pomodoro, mozzarella, rocket, tomatoes

#### **Spicy wings 65 | Spicy wings & Chips 80**

4 wings, mint & cucumber yogurt, guacamole

#### **Salmon croquettes 85**

Japanese mayo, capers, spring onions, avocado salsa

#### **Carpaccio 110**

venison carpaccio, citrus salad, parmesan, ciabatta

## Piadina

#### **Piadina formaggio 40 (V)**

pecorino and sliced tomatoes

#### **Piadina classica 45**

gypsy ham and pecorino

#### **Piadina crudo 50**

pecorino and Parma ham

**extra:** Piadina plain, tomatoes 11 | pecorino, rocket, avocado 14 | gypsy ham, prosciutto crudo, salame 22 |

## PLAN YOUR DAY:

**\*Monday: MAIN 9am – 5pm | PIZZA 10am – 5pm**

**\* Tuesday –Friday: MAIN & PIZZA 11am – 9pm**

**\*Saturday: MAIN & PIZZA 8am – 3pm**

*\*times may change without prior notice due to unforeseen circumstances / functions / holidays*

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**Salads (Starter / Main)**

**La Bottega (V) 40/65**

| ADD AVO 14 | ADD CHICKEN 16 |

artichokes, caramelized red onions, celery, pumpkin seeds, mixed leaves, chive dressing

**Caesar (V) 40/65**

| ANCHOVIES 12 | BOILED EGG 12 | AVOCADO 14 | CHICKEN 16 | CRISPY BACON 16 |

Cos leaves, garlic croutons, parmesan, Caesar dressing (contains anchovies)

**Avocado, Bacon & Blue cheese 40/70**

crispy bacon bits, fresh avocado, blue cheese, spring onions, salad leaves, rocket, simple dressing

**Pollo 45/75**

spicy chicken, sundried tomatoes, parmigiano, roasted pine nuts, salad leaves, chive vinaigrette

**Spinach 45/75 (V)**

| BOILED EGG 12 | CRISPY BACON 16 |

raw baby spinach, mixed leaves, sweet corn, radish, goat's cheese, butternut, pear, toasted almonds, orange crème fraiche

**Have it your way:**

| salad leaves, herbs, cucumber, tomato, celery, carrot, orange, spring onion, dressings 8 |

| boiled egg, caramelized onions, feta, rocket, fresh red onion 12 |

| avocado, pumpkin seeds, caramelized red onion 14 |

| chicken, crispy bacon, blue cheese, sundried tomatoes 16 |

| Parma ham, parmigiano, artichokes, roasted pine nuts 22 |

***SAVE SOME ROOM FOR CAKE!***

***ASK YOUR WAITER WHAT'S THE FLAVOR..***

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### **Pizza (Small / Large)**

**Banting R20 extra**

**Garlic & Herb (V) 30 / 45**

garlic, herb salt, extra virgin olive oil

**Margherita (V) 50 / 60**

tomato, mozzarella & oreganum

**La Bottega 85 / 105**

tomato, mozzarella, oreganum, Parma ham, rosa tomatoes, rocket & shaved pecorino | (V) avocado instead of Parma ham

**Meat Me 95 / 110**

tomato, mozzarella, oreganum, pulled pork, bacon, chorizo, La Bottega BBQ sauce, red onions, peppadews, basil

**Greca (V) 70 / 80**

tomato, mozzarella, oreganum, olives, mushrooms, feta

**Greca & Chorizo 80 / 90**

tomato, mozzarella, oreganum, olives, mushrooms, chorizo, feta

**Smoked Chicken 85 / 105**

tomato, mozzarella, oreganum, zucchini, smoked chicken, sundried tomatoes, rocket, parmigiano

**Prosciutto e Funghi 70 / 80**

tomato, mozzarella, oreganum, ham, mushroom

**Pulled Pork 85 / 100**

tomato, mozzarella, oreganum, slow roasted pork belly, La Bottega BBQ sauce, jalapeños, avocado, rocket

**FABulous 75 / 90**

tomato, mozzarella, oreganum, feta, avocado, bacon

**Ham, Fig & Blue Cheese 75 / 90**

tomato, mozzarella, oreganum, Parma ham, preserved fig, blue cheese | (V) swop ham for avocado **or** peppers

**Vegetariana (V) 70 / 85**

tomato, mozzarella, oreganum, marinated artichokes, mushrooms, black olives, grilled aubergines, roasted peppers

**pizza extras:** tomatoes, jalapeño 11 | mushrooms, anchovies, pineapple, feta 12 | peppadews, pecorino, rocket, avocado 14 |

| chicken 16 | bacon, artichokes, gypsy ham, Parma ham, salame, chorizo 22 |

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### **Pasta (linguine only)**

#### **Soy Pork/Chicken 85**

mangetout, spinach, broccoli, spring onion, lime, chilli flakes, sesame seeds

#### **Chicken/Pork 90**

sundried tomato pesto coated chicken **or** pork, pasta in a lemongrass coconut cream sauce with peas, asparagus

**OR**

chicken **or** pork cooked in a lemongrass coconut cream sauce with peas, asparagus, sundried tomato pesto pasta

#### **Lentil Lasagna (V) 80**

lentil & ricotta lasagne, cucumber, red onion & rocket salad

### **Potjie**

| FRAGRANT RICE PILAF **or** LEMON MASH |

#### **Pork & Beans 115**

bacon, pork loin, parsnip, haricot beans, chilli, onions, carrots, topped with candied apple, date & coriander sambal

#### **Curried Vegetables (V) 90**

onions, carrots, garlic, spices, butternut, baby marrow, kale, celery, watercress & dried apricot sambal

### **Burgers includes chips or salad**

#### **Banting bun R5 extra**

#### **Basic (Beef/Chicken breast/Chickpea) 65**

fresh tomato slices, salad leaves, sweet chilli mayonnaise, sesame seed bun **or** grilled sweet potato 'bun'

#### **Classic (Beef/Chicken breast/Chickpea) 90**

fresh tomato slices, salad leaves, pecorino, mayonnaise, bacon **or** avocado, sesame seed bun **or** grilled sweet potato 'bun'

#### **Onion (Beef/Chicken breast/Chickpea) 110**

red onion compote, hollandaise, salame **or** mushrooms, tomato, lettuce, sesame seed bun **or** grilled sweet potato 'bun'

**extras:** | mushrooms, tomato, onions, feta 12 | pecorino, rocket, avocado, cucumber, peppadews 14 | chips, onion rings 18 |

| bacon, Parma ham, salame, chorizo, camembert 22 | beef burger, chickpea burger, grilled breast 30 |

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## FRESHLY SQUEEZED JUICE

La Bottega R40

apple, carrot, pear, pineapple

The Kick R40

basil, cucumber, ginger, pear, pineapple

Beetroot R40

beetroot, orange, apple

Kale R40

kale, apple, pear, cucumber, celery, lime

Carrot R40

carrot, ginger, pineapple

## SMOOTHIES

\*yogurt can be omitted, substituted with syrup & ice (ice baby)

\*Berry Banana R50

yogurt, raspberry, banana, honey

GingerPine R50

pineapple, ginger, ice (ice baby)

Oats so Berry R50

yogurt, rolled oats, raspberry, blueberry

Eat Me R50

yogurt, apple, pineapple, banana, muesli

\*Very Berry R50

yogurt, raspberry, blackberry, strawberry, redcurrant, blackcurrant, lemon, mint

## THICK SHAKES

Banana Nutella R50

vanilla ice cream, bananas, nutella, whipped cream

Dark Chocolate Mint R50

vanilla ice cream, dark choc, fresh mint, chocolate sauce

Strawberry Shortcake R50

vanilla ice cream, strawberries, whipped cream, crushed shortbread biscuit

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## CHILL

<u>Newlands Spring Drafts</u>	<u>375ml</u>	<u>500ml</u>
Jacob's Pale Ale	40	50
Mountain Weiss	40	50
Passionate Blonde (like there's any other kind)	40	50
3 drafts tasting tray		45
<u>SAB Bottles</u>		
Lion Lager		35
Black label		25
Castle Lite		28
Stella Artois   Becks Blue   Carvers Weiss		38
Corona		45
<u>Woodstock Breweries bottles</u>	<u>440ml</u>	50
Californicator (American IPA)   Happy Pills (German Pilsner)		
Pot Belge (Belgium Amber Ale)		
<u>Local Craft Beer</u>		
Striped Horse 330ml		40
<u>Ciders</u>		
Flying Fish Lemon		30
Savannah Dry		30
Sxollie		40
Fiery Dragon Ginger or Apple		45
<b>BUY THE KITCHEN A ROUND?</b>		<b>50</b>

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## WINES

white | white blend | blush | bubbly | red | red blend

	<u>glass</u>	<u>bottle</u>
<u>Sauvignon Blanc</u>		
Sutherland Thelema	45	165
Diemersdal	50	195
<u>Chardonnay</u>		
Sutherland Thelema	65	200
<u>Chenin Blanc</u>		
Waterford Pecan Stream	50	190
<u>Rose</u>		
Sutherland	50	190
<u>White Blends</u>		
Buitenverwagting Buiten Blanc		140
Pierre Jourdan Tranquille	45	165
Haute Cabriere Chardonnay Pinot Noir		220
<u>MCC</u>		
Miss Molly		240
Graham Beck Brut		290
<u>Merlot</u>		
Guardian Peak	50	190
Chip Off The Old Block	50	200
<u>Cabernet Sauvignon</u>		
Fat Bastard	50	190
<u>Shiraz</u>		
Fat Bastard		200
<u>Pinotage</u>		
Beyerskloof	45	170
Diemersfontein		200
<u>Red Blends</u>		
Thelema Mountain Red	50	190

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## COFFEE MOCKTAILS

Chai Latte (chilled / hot) R30

chai tea, milk, cinnamon, ice if chilled

Vietnamese Ice Coffee R40

espresso, milk, condensed milk, whipped cream

Banana Oats Coffee Smoothie R45

banana, oats, espresso, honey, yogurt, soy or almond milk

Mint Mocha R45

mint, espresso, ice cream, ice, whipped cream, chocolate sauce, chocolate shavings

## JUICES

Cranberry R20 | Orange R20

Sir Fruit Juice 350ml R25

| mandarin | mango | pomegranate | strawberry |

## SOFT DRINKS

330ml

appletiser | coke | coke zero | fanta orange | grapetiser | stoney

Bos Ice Tea 275ml

apple | berry | lemon | lime & ginger | peach

200ml

coke | coke light | dry lemon | gingerale | lemonade | soda | tomato cocktail | tonic

## Water

500ml still | 500ml sparkling | 1l still | 1l sparkling

Rock Shandy R30

lemonade, soda water, angustura bitters

Super Mary R35

tomato cocktail, beetroot juice, salt, black pepper, tabasco, Worcestershire sauce, celery

Red Bull 250ml R35

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## WARM UP

SPICE UP YOUR COFFEE WITH CINNAMON STIRRERS

Espresso	15.00
Double espresso	19.00
Macchiato	20.00
Cappuccino	25.00
Cappuccino Large T/A only	28.00
Caffelatte	25.00
Cioccoccino	28.00
Cioccoccino Large T/A only	32.00
Americano	18.00
Americano Large	20.00
Rooibos Cappuccino	25.00
Rooibos Cappuccino Large	28.00
Rooibos Latte	25.00
Rooibos Latte Large T/A only	28.00
Tea - Rooibos / Ceylon	20.00
Hot Chocolate	25.00

## FEEL GOOD

Iced coffee blended / latte style (espresso, ice, milk)	30.00
Ice coffee Milkshake (espresso, ice cream, milk)	35.00
Hot Choc with whipped cream, marshmallows, choc shavings	45.00

## EXTRAS

Decaffeinated coffee	4.00
Soy Milk	6.00
Almond Milk	12.00

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