

@LaBottegaCT



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www.labottega.co.za



COFFEE BAR

FRESHLY SQUEEZED JUICES

SMOOTHIES

WARM UP

R15 ANY COFFEE BEFORE NOON

Espresso	15.00
Double espresso	19.00
Macchiato	20.00
Cappuccino	20.00
Cappuccino Large T/A only	25.00
Caffelatte	25.00
Cioccoccino	28.00
Cioccoccino Large T/A only	32.00
Americano	18.00
Americano Large	20.00
Rooibos Cappuccino	20.00
Rooibos Cappuccino Large	25.00
Rooibos Latte	20.00
Rooibos Latte Large T/A only	25.00
Tea - Rooibos / Ceylon	20.00
Hot Chocolate	25.00

FEEL GOOD

Chai Latte (chilled / hot)	30.00
Iced coffee (blended / latte style)	30.00
Ice coffee Milkshake	35.00

<b>La Bottega</b>	50
apple, carrot, pear, pineapple	
<b>The Kick</b>	50
basil, cucumber, ginger, pear, pineapple	
<b>Cayenne</b>	50
cucumber, lemon, cayenne, apple	
<b>Kale</b>	50
kale, apple, pear, cucumber, celery, lime	
<b>Carrot</b>	50
carrot, ginger, pineapple	
<b>Vitamin Shot</b>	20
ginger, lemon, cayenne, grapefruit, honey	
<b>Create-Your-Own (CHOOSE ANY 4)</b>	50
celery, apple, kale, grapefruit, carrot, pear, celery, pineapple, cucumber, ginger,	

<b>Berry Banana</b>	55
*yogurt, raspberry, banana, honey	
<b>GingerPine</b>	55
pineapple, ginger, ice (ice baby)	
<b>Mango Madness</b>	55
*yogurt, mango, honey, raspberries, mint	
<b>Peanut Butter Banana</b>	55
*yogurt, peanut butter, banana, ice, cocoa, honey	
<b>AvoBerry</b>	55
*milk, raspberry, blackberry, redcurrant, ice, blackcurrant, avocado, honey	

**SUBSTITUTE YOGURT / MILK FOR:**  
\*syrup & ice (ice baby) | Soy + 6 | Almond + 12

THICK SHAKES 55

<b>BANANA NUTELLA</b> Vanilla ice cream, bananas, nutella, whipped cream, choc shavings	<b>PEPPERMINT CRISP</b> vanilla ice cream, Peppermint Crisp, dark chocolate, cocoa, chocolate sauce	<b>STRAWBERRY SHORTCAKE</b> vanilla ice cream, strawberries, whipped cream, shortbread biscuits
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GROUP BOOKINGS & FUNCTIONS

WANT TO HOST YOUR NEXT EVENT ON OUR ROOFTOP?

BIRTHDAYS, CORPORATE, ENGAGEMENTS, WEDDINGS AND MORE...

PLEASE SPEAK TO MANAGEMENT OR EMAIL: info@labottega.co.za

HAPPY HOUR SPECIALS

WEDNESDAY: COCKTAILS 2-FOR-1 (4PM - 6PM)

THURSDAY: R100 ALL-YOU-CAN-EAT PIZZAS (5PM - 7PM)

FRIDAY: DRAUGHT BEER 2-FOR-1 (4PM - 6PM)

SATURDAY ALL DAY: HALF PRICED G&T'S

PLAN YOUR DAY

MONDAY - TUESDAY: 8am - 3pm  
WEDNESDAY - FRIDAY: 8am - 9pm  
SATURDAY: 12pm - 9pm  
TAKE OUTS WELCOME!



WIFI DEETS : labottega\_guest => idontknow

**STARTERS** \*AVOCADO - WHEN IN SEASON

<b>Chickpea Falafels</b>	<b>40</b>
oven baked, served on alfalfa sprouts with pumpkin seeds, spiced yogurt dip	
<b>Mediterranean Snack Plate</b>	<b>65</b>
artichokes, sundried tomatoes, Prosciutto, blueberries, ciabatta with crushed *avocado, black pepper & feta	
<b>Chips</b>	<b>25</b>
classic shoestring	
<b>Spicy Wings</b>	<b>65</b>
Sticky OR Dry Rubbed - 4 wings	
<b>Spicy Wings &amp; Chips</b>	<b>80</b>
Sticky OR Dry Rubbed - 4 wings & classic shoestring fries	

**MENU EXTRAS:**

BASIL, BUTTERNUT, CAPERS, MINT, OLIVES, RED ONIONS, TOMATOES 5
BABY SPINACH, BOILED EGG, PUMPKIN SEEDS, ROCKET, SUNDRIED TOMATO 10
*AVOCADO, GRILLED ZUCCHINI, RED PEPPERS, ROASTED CAULIFLOWER 15
ANCHOVIES, ARTICHOKEs, BLUE CHEESE, FETA, WALNUTS 20
BLUEBERRIES, BACON, CHICKEN, FIOR DE LATTE, PARMA HAM, PARMESAN, PECORINO 25

**TOASTED SANDWICHES** - ciabatta (sourdough | rye @ 5 extra)

<b>Cheese &amp; Tomato</b>	<b>25</b>
<b>Ham &amp; Cheese</b>	<b>30</b>
<b>Ham, Cheese &amp; Tomato</b>	<b>35</b>
<b>Bacon &amp; Egg</b>	<b>35</b>
<b>Chicken Mayo</b>	<b>45</b>
<b>Side Salad / Chips</b>	<b>25</b>

**SWEETS**

<b>Malva Pudding</b> - served warm	<b>55</b>
<b>Chocolate Brownie</b> - served warm	<b>55</b>
<b>Cappucino Cup</b> - served frozen	<b>55</b>
<b>Cassata Slice</b> - served frozen	<b>45</b>
<b>Vanilla Cones</b> - sugar cone filled with vanilla ice cream	<b>50</b>
<b>Canoli</b> - filled with vanilla ice cream, sealed with chocolate	<b>35</b>

**NEED AN OFFICE PLATTER ASAP?!  
SPEAK TO MANAGEMENT!**

**BUDDHA BOWLS** \*AVOCADO - WHEN IN SEASON

Starter Main

<b>Blueberry Quinoa (V)</b>	<b>65</b>	<b>110</b>
fresh blueberries, quinoa, mint, grilled apple & zucchini, *avocado, baby spinach, roasted almonds, orane vinaigrette		
<b>Vegetable bowl (V)</b>	<b>55</b>	<b>95</b>
*avocado, mangetout & pak choi, baby potatoes, balsamic cherry tomatoes, cucumber, alfalfa sprouts, green beans, pumpkin seeds		
<b>Mediterranean chicken salad</b>	<b>65</b>	<b>105</b>
spiced chicken, *avocado, cherry tomatoes, feta, olives, salad leaves, basil, lemony couscous, parsley dressing		
<b>Chickpea Falafel Bowl (V)</b>	<b>55</b>	<b>95</b>
alfalfa sprouts, cucumber, salad leaves, roasted cauliflower, sundried tomatoes, butternut, crushed red chilli yogurt dressing		

**CLASSICS SALADS** \*AVOCADO - WHEN IN SEASON

Starter Main

<b>Nicoise</b>	<b>65</b>	<b>110</b>
cos leaves, baby potatoes, green beans, anchovies, olives, red onions, tomatoes, tinned tuna, boiled egg, Nicoise vinaigrette		
<b>Caesar</b>	<b>50</b>	<b>100</b>
Cos leaves, garlic croutons, parmesan, Caesar dressing (contains egg yolks & anchovies)		
<b>Classic Chicken</b>	<b>65</b>	<b>115</b>
<b>Bacon &amp; Egg</b>	<b>70</b>	<b>120</b>
<b>Anchovy &amp; *Avocado</b>	<b>75</b>	<b>125</b>

**SENSATIONAL SALADS** \*AVOCADO - WHEN IN SEASON

Starter Main

<b>Sir Lowry Salmon salad</b>	<b>75</b>	<b>115</b>
salmon trout, tomatoes, cucumber, red onions, parmesan, leaves, crispy capers, honey mustard dressing		
<b>Artichoke salad (V)</b>	<b>65</b>	<b>105</b>
leaves, marinated artichokes & red peppers, mangetout, pumpkin seeds, spring onion, Bottega herb dressing		
<b>Butternut (V)</b>	<b>60</b>	<b>95</b>
mixed leaves, roasted butternut, pumpkin seeds, pecorino, lentils, cherry tomatoes, boiled egg, yogurt cumin dressing		
<b>Roasted Cauliflower (V)</b>	<b>60</b>	<b>95</b>
butter lettuce, rocket, roasted cauliflower, walnuts, radish, feta, alfalfa sprouts, sesame dressing		
<b>Blue cheese &amp; Pear (V)</b>	<b>60</b>	<b>100</b>
fresh pear, blue cheese, celery, green beans, rocket, mixed lettuce, walnuts. honey mustard dressing		
<b>Prosciutto salad</b>	<b>65</b>	<b>105</b>
mixed leaves, Prosciutto, pecorino, artichokes, sundried tomatoes, spring onions, toasted almonds, herb dressing		
<b>Lime Chicken &amp; Lentil salad</b>	<b>65</b>	<b>95</b>
leaves, roasted red pepper, lime chicken, red onions, lentils, sundried tomatoes, chilli vinaigrette		
<b>Bread Basket</b>	<b>15</b>	<b>25</b>
fresh or lightly toasted ciabatta		

**PIZZAS - CALZONE OPTION** \*AVOCADO - WHEN IN SEASON

Small Large

<b>Garlic &amp; Herb (V)</b>	<b>35</b>	<b>45</b>
garlic, herb salt, extra virgin olive oil		
<b>Margherita (V)</b>	<b>50</b>	<b>65</b>
tomato, mozzarella & oreganum		
<b>La Bottega</b>	<b>90</b>	<b>120</b>
tomato, mozzarella, oreganum, Parma ham, rosa tomatoes, rocket & shaved pecorino   (V) *avocado		
<b>Italiano (V)</b>	<b>80</b>	<b>120</b>
tomato, mozzarella, oreganum, fior de latte, rosa tomatoes, basil, balsamico, mint		
<b>FABulous</b>	<b>70</b>	<b>115</b>
tomato, mozzarella, oreganum, feta, *avocado, bacon		
<b>Salmon</b>	<b>100</b>	<b>125</b>
blanco, mozzarella, salmon trout, capers, fior de latte, basil, mint		
<b>Anchovy, Mushrooms &amp; *Avocado (V)</b>	<b>85</b>	<b>125</b>
tomato, mozzarella, oreganum, mushrooms, anchovies, red onions, *avocado, parmesan		
<b>Butternut, Blue Cheese, Blueberries (V)</b>	<b>75</b>	<b>100</b>
tomato, mozzarella, oreganum, butternut, balsamico, blueberries, rocket, blue cheese		
<b>Spinach &amp; Feta (V)</b>	<b>75</b>	<b>105</b>
tomato, mozzarella, oreganum, baby spinach, feta, almonds		

**BANTING +25 (ONLY AVAILABLE IN SMALL)**

Small Large

<b>Cajun chicken &amp; Sundried tomatoes</b>	<b>75</b>	<b>100</b>
tomato, mozzarella, oreganum, chicken, sundried tomatoes, rocket, grilled zucchini		
<b>Greca (V)</b>	<b>70</b>	<b>110</b>
tomato, mozzarella, oreganum, mushrooms, olives, feta		
<b>Greca &amp; Chorizo</b>	<b>90</b>	<b>120</b>
tomato, mozzarella, oreganum, mushrooms, olives, feta, chorizo		
<b>Vegetarian (V)</b>	<b>80</b>	<b>115</b>
tomato, mozzarella, oreganum, grilled zucchini, red peppers, marinated artichokes		
<b>Prosciutto e Funghi</b>	<b>70</b>	<b>105</b>
tomato, mozzarella, oreganum, ham, mushrooms		
<b>Bacon &amp; Potato</b>	<b>80</b>	<b>100</b>
tomato, mozzarella, oreganum, thinly sliced potatoes, bacon, garlic, red onions, thyme		
<b>MAKE-YOUR-OWN = ADD ANY 4 TOPPINGS:</b>	<b>65</b>	<b>100</b>
avocado, baby spinach, bacon, banana, blue cheese, butternut, capers, feta, grilled zucchini, ham, mushrooms, olives, pineapple, red onions, red peppers, roasted cauliflower, rocket, sundried tomatoes, tomatoes		